

**2022 26<sup>th</sup> Poland Invitational Track and Field classic**  
**Saturday, April 30, 2021-9:00 AM**  
**Poland Seminary High School Stadium**

**MEET INFORMATION:**

1. Entry fees will be \$125 for a single team, \$245 if both boys and girls teams are entered. Entry fees must be paid not later than April 28, 2022. Entry fees must be mailed to:  
**Poland Bulldog Track Club, PO Box 5296, Poland, OH 44514.**
2. Teams must register prior to the meet on Arbiter.com. This year's meet is by invitation only. Contact Brian Banfield AD Poland High School for more information. 330-757-7021.
3. Entries must be made on [www.oh.milesplit.com](http://www.oh.milesplit.com) in accordance with the online instruction information posted at that site.
4. The order of events will be on a rolling schedule and in accordance with the posted Order of Events. The order of events are posted at [www.timingcrew.com](http://www.timingcrew.com) and [www.polandinvitational.com](http://www.polandinvitational.com). All events will be timed finals. Events will be seeded with the "hot" heat last.
5. The starting heights and minimum throw lines for shot and discus will be determined by the games committee prior to the start of the meet and will be posted at [www.timingcrew.com](http://www.timingcrew.com). Long jump will be conducted using the open pit format. Minimum jump line will be determined by the games committee. Each athlete in the shot put, discus and long jump will be given 4 attempts-no finals.
6. All running events will be timed utilizing Finish Lynx and scored via HyTek Meet Manager. Live meet results will be posted on [www.timingcrew.com](http://www.timingcrew.com). These results can be accessed on mobile devices that have access to the Internet .Poland will not provide Wi-Fi or other Internet services.
7. Scoring will be eight places as follows: 10-8-6-5-4-3-2-1. Medals will be awarded to the top three finishers with ribbons going to places 4-6. Team trophies will be awarded for the top three teams. Iron Bulldog trophies will be presented to the boy and girl scoring most points in the meet. Metals and ribbons will be placed in a bag in each coach must pick up their wards before leaving; they will not be mailed.
8. There will be no relay cards. Coaches **must** bring any relay name changes to the scoring trailer whenever they have a change on a relay team as athletes will get credit for points in relay events. **Teams must bring their own starting block and batons.**
9. Tents will be permitted in areas specified by meet management. Assignments will be made upon entering the stadium. No tents will be permitted on or under the

bandstand located on the south and of the stadium

10. An athletic trainer will be available. Check for location.
11. No athletes will be permitted on the football infield at any time. Coaches in the high jump and long jump will be issued wrist band passes to access the infield.
12. Final results will be posted on the back of the West stands after each event. This information can also be accessed at [www.timingcrew.com](http://www.timingcrew.com). Results will also be posted after each event on the stadium scoreboard
13. Hip numbers will be utilized in all events not finishing in a lane, i.e. all distance races as well as the 4X 800 relay and 4X 400 relay.
14. Buses will be parked via instructions given to drivers upon arrival at the stadium. Athletes shall enter the stadium at the east side and coaches will be given their packets upon entry.

***NEW POLICY FOR SCRATCHES AND SUBSTITUTIONS***

15. **Scratches and substitutions will be accepted until Friday April 29<sup>th</sup> at 11 pm. MileSplit has not developed an online scratch method therefore changes have to be emailed or texted to me as set forth below. *No substitutions only scratches on Saturday morning with the exception for injury or illness of the athlete or other unforeseen justifiable reasons.* Changes should be emailed to John Jeren at [trackdadjay@gmail.com](mailto:trackdadjay@gmail.com). You can also text the substitutions/scratches to me at 330-360-0223. Please provide the first and last name and school year of the athlete to be entered and the name and event of the athlete being replaced.**
16. **Coaches meeting** will be at 8:45 am in the southwest corner of the home stands.
17. Any new Covid instructions will be adhered to. Since the OHSAA directives change we will try to update any changes on [www.polandinvitational.com](http://www.polandinvitational.com)
18. The Poland track has been resurfaced and exchange zones have been updated.