

**2023POLAND INVITATIONAL
ORDER OF EVENTS**

8:45 AM- Coaches Meeting- Southwest Corner of Home Stands

9:00 AM- **Group 1 Field Events ****

Girls Discus	
Boys Shot Put	Discus, Shot and Long Jump
Seated Athlete Shot Put	3 preliminary attempts-top 9 to finals
Girls High Jump	Games committee will determine starting
Boys Long Jump	Heights in the High Jump ***

RUNNING EVENTS FINALS *

9:15 AM- Don Smaltz Girls 3200 Meter Run
 Don Smaltz Boys 3200 Meter Run- Boys will start upon completion of Girls 3200

10:30 AM-	Girls 4 x 800 Meter Relay	FINAL
	Boys 4 x 800 Meter Relay	FINAL
	Girls 100 Meter Hurdles	FINAL
	Boys 110 Meter High Hurdles	FINAL
	Girls 100 Meter Dash	FINAL
	Boys 100 Meter Dash	FINAL
	Seated Athletes 100 Meter Dash	FINAL (If contested)
	Girls 4 x 200 Meter Relay	FINAL
	Boys 4 x 200 Meter Relay	FINAL
	Girls 1600 Meter Run	FINAL
	Boys 1600 Meter Run	FINAL
	Girls 4 x 100 Meter Relay	FINAL
	Boys 4 x 100 Meter Relay	FINAL
	Girls 400 Meter Dash	FINAL
	Boys 400 Meter Dash	FINAL
	Seated Athlete 400 Meter Dash	FINAL (if contested)
	Girls 300 Meter Hurdles	FINAL
	Boys 300 Meter Hurdles	FINAL
	Girls 800 Meter Run	FINAL
	Boys 800 Meter Run	FINAL
	Seated Athlete 800 Meter Run	FINAL (If contested)
	Girls 200 Meter Dash	FINAL
	Boys 200 Meter Dash	FINAL
	Girls 4 x 400 Meter Relay	FINAL
	Boys 4 x 400 Meter Relay	FINAL

Group 2 Field Events **

Boys Discus
 Girls Shot Put
 Boys High Jump
 Girls Long Jump

* All events will be on a rolling schedule

** All throwing Implements must be weighed and examined prior to contesting the event

*** All scratch lines and starting height will be determined by the games committee after all entries are received on Thursday. These will be posted online at www.timingcrew.com and oh.milesplit.com